

EXECUTIVE SUMMARY

Missouri Mental Health Commission Meeting

Via Video Conference at Sites:

Northwest MO Psychiatric Rehab Center, St. Joseph, Missouri

St. Louis Psychiatric Rehabilitation Center, St. Louis, MO

Joplin Regional Center, Joplin, MO

Department of Mental Health Central Office, Jefferson City, MO

December 13, 2007

PRESENT

Ron Dittmore, Chair
Beth Viviano, Secretary
Patricia Bolster, M.D.
Kathy Carter
David Vlach, M.D.

STAFF

Keith Schafer, Department Director
Lynn Carter, Deputy Director
Mark Stringer, Division Director, ADA
Dr. Joe Parks, Division Director, CPS
Felix Vincenz, CEO, CPS
Bernie Simons, Division Director, MRDD
Brent McGinty, Administration
Jan Heckemeyer, DMH Administration
Monica Hoy, Assistant to the Director
Bob Bax, Director's Office
Diane McFarland, DMH Transformation
Rikki Wright, General Counsel
Audrey Hancock, Director's Office
Cathy Welch, Director's Office
John Heskett, DMH Office of Child MH
Leigh Gibson, Consumer Safety
Benton Goon, DMH Transformation

GUESTS

Jeff Grosvenor, MRDD
Rosie Anderson-Harper, CPS
Marsha Buckner, ADA
Laurie Epple, ADA
Robin Rust, MRDD
Tec Chapman, MRDD
Gary Lyndaker, ITSD
Susan Pritchard-Green, MO PCDD
Laine Young-Walker
Debbie McBaine, ADA
Connie Cahalan, Office of Child MH
Vickie Epple, DMH Transformation
Rita McElhany, CPS
Barry Critchfield, Deaf Services
Liz Hagar-Mace, DMH Housing
Julia Kaufmann, MRDD
Virginia Selleck, CPS
Angie Stuckenschneider, ADA
Peg Capo, DDRB
Erica Stephens, MO P & A
Jim Casey, Cole Co. Res. Serv.
Kathy Meath, St. Louis ARC
Tim Swinfard, MO CMHC
Jhan Hurn, Community Support Services
Greg Kramer, Life Skills

GUESTS (continued)

Carol Baer, Emmaus Homes
Judy Alexander-Weber, Emmaus Homes
Martha Dairs, MO Senate
Barb Griffith, CLI
Erika Leonard, MARF
Vicki McCaroll, UOI
Angie Ashens, Joplin Reg. Center
Karen Dobbs, Joplin Reg. Center
Rachel Reed, Joplin Reg. Center
Angela Haulman, Joplin Reg. Center
Saline Crouch, Joplin Reg. Center
Randy Riley, NMPRC
Susan Wilson, NW Health Services
Danny Wedding, MIMH

TOPIC/ISSUE	DISCUSSION
<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p> <p>COMMISSIONER COMMENTS</p>	<p>Ron Dittmore called the Mental Health Commission Meeting to order at 9:00 a.m. on December 13, 2007, via video conference location sites at St. Louis, Joplin, St. Joseph, DMH Central Office at Jefferson City. Introductions were made at each site.</p> <p>Ron asked for a motion to approve the Minutes of the November 8, 2007 Mental Health Commission Meeting. Kathy Carter moved to approve the Minutes, David Vlach seconded and the Minutes were approved.</p> <p>Ron Dittmore opened the floor for Commissioners' comments:</p> <ul style="list-style-type: none"> • David Vlach noted he recently visited Bellefontaine Habilitation Center with Bernie Simons. He gained many useful incites and thanked Bernie for hosting him. • Kathy Carter noted the article in the publication, "Beltway Briefs" on the Centers for Medicare/Medicaid Case Management Regulations. Keith shared that DMH staff is concerned about the potential impact on programs and that other states have expressed opposition to these regulations. After discussion, it was agreed that the Commission indicate concern about provisions of the regulations that have a negative impact on DMH. Ron asked Kathy Carter to work with the Department to draft a letter to CMS from the Commission. Kathy agreed to this process. • Beth Viviano shared that she had the privilege of going to Bethesda, MD with members of the Transformation Working Group (TWG) to meet with other states' Transformation Grant staff. She was pleased with the representation from Missouri and with progress made.
<p>DISCUSSION</p>	<ul style="list-style-type: none"> • Mental Health Commission 2008 Meetings – the issue has been raised at previous meetings regarding establishing an annual schedule for Mental Health Commission meetings in order to plan agendas. After discussion, it was the consensus to conduct meetings as follows: <ul style="list-style-type: none"> ○ January through May meetings held at Jefferson City ○ June meeting – travel ○ July meeting – annual meeting, location to be determined ○ August through October meetings held at Jefferson City ○ November meeting – travel ○ December meeting held at Jefferson City

TOPIC/ISSUE	DISCUSSION
	<ul style="list-style-type: none"> Public Comments Format – after discussion, it was the consensus to have an agenda item at each meeting for Public Comments. There will be 15 minutes total, with each person allowed no more than five minutes.
MRDD SYSTEM TRANSFORMATION INITIATIVES	<p>Bernie Simons introduced Robin Rust, Project Director for the MRDD Systems Transformation Grant, Margy Mangini, Director of Quality Assurance for MRDD, and Tec Chapman, MRDD Deputy Director, who provided a presentation on the Real Choice Systems Transformation Grant from the Centers for Medicare and Medicaid Services (CMS).</p> <p>Background:</p> <ul style="list-style-type: none"> “Real Choice Systems Change” – a five-year federal grant to DMRDD in October 2005, from CMS Vision-all people included in educational, employment, housing, social opportunities, choices of their communities Goals: <ul style="list-style-type: none"> Develop comprehensive quality management system that includes improved outcomes for consumers/providers. Create system that more effectively manages funding for long-term supports to promote community inclusion. Develop IT systems that integrate quality management data bases, provide ready access to information/resources. <p>Transformation Strategies:</p> <ul style="list-style-type: none"> MRDD Quality Advisory Council established 2006: Members include self-advocates, family members, advocacy. Quality Assurance Initiatives: <ul style="list-style-type: none"> Human Services Research Institute consultation Home and Community Based Waiver Assurances Review of licensure and certification processes Re-design of certification National Core Indicator Project Accreditation Re-structure and standardization of QA functions Better trained workforce Implementing evidence-based practices Partnership with MU Thompson Center for Autism and Neuro-developmental Disorders to better address the growing issues of autism spectrum disorders. Supporting people to be self-advocates: People residing in habilitation centers are provided opportunities to participate in People First activities. Increased self-advocate and family participation in planning: Stakeholder discussions in response to MH Task Force <p>Future Initiatives:</p> <ul style="list-style-type: none"> Comprehensive training on positive behavior supports to be available in Kansas City, St. Louis and Springfield in early 2008. RFP will seek a contractor to develop a “train the trainer” program to be replicated in other regions.

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	<ul style="list-style-type: none"> • Dr. Joni Beasley, an expert on crisis prevention and support planning to conduct workshop in Columbia on Feb. 21. • Wide variety of training events to be planned to increase skill set of professionals serving people with DD and MI. <p>Robin shared that their hope is to have Julia Kaufmann, MRDD Director of Children’s Services, and Dr. Janet Farmer with the MU Thompson Center for Autism and Neuro-developmental Disorders come to a future Commission meeting to present on Autism-related Initiatives.</p> <p>Bernie Simons spoke on the Missouri Autism Initiative and the visit by Dr. Paul Law in November 2006 and the Autism Registry. He, Keith, and Administration Commissioner Mike Keathley visited the Ozark Autism Center in November.</p> <p>Tec Chapman spoke on the College of Direct Support. There are currently 32 agencies statewide participating in the Pilot. Over 1,300 direct support professionals are involved. Some of the 17 courses are:</p> <ul style="list-style-type: none"> • Safety at home in the community. Maltreatment of vulnerable adults and children—how it’s defined, prevented, reported, documented, and support to individuals who have experienced maltreatment. • Individual rights and choice. • Expanding needs of people living in community and Habilitation Centers—raising skill set, positive behavior support. • Inclusion in community. • Personal care. <p>Tec shared some outcomes of people who have completed courses, such as increased competence in working with consumers, better supports and services to consumers, increased likelihood to stay with current employer. Bernie shared that this curriculum is currently being reviewed for use at MRDD facilities. Robin noted the workshop scheduled for February 21, 2008 in Columbia regarding crisis prevention and support planning. She will forward the registration information to Monica who will send to Commissioners.</p>
OFFICE OF TRANSFORMATION	<p>Diane McFarland presented an update on the Office of Transformation and provided an overview of the draft Comprehensive Mental Health Plan that is a result of the Transformation Working Group. Diane asked the Commission to provide feedback as she reviewed the document. Some items highlighted:</p> <ul style="list-style-type: none"> • Missouri’s Vision – “Creating Communities of Hope” Communities of Hope throughout Missouri support a system of care promoting mental health and preventing disabilities. Everyone has access to treatment and supports essential for living, learning, working and participating fully in the community. • Toward a Public Health Approach <p>Diane explained the strategic themes in the process of “Moving Missouri Toward a Public Health Approach” document. She introduced Benton Goon who detailed some of the goals and objectives of the Transformation Initiative. This is still a work in progress. Goals presented in this draft:</p> <ul style="list-style-type: none"> • Goal 1 – Missourians Understand that Mental Health is Essential to Overall Health • Goal 2 – Missouri’s Mental Health Care is Consumer and Family Driven

TOPIC/ISSUE	DISCUSSION
	<ul style="list-style-type: none"> • Goal 3 – Mental Health Disparities are Eliminated • Goal 4 – Early Mental Health Screening, Assessment and Referral to Services are Common Practice in Missouri • Goal 5 – Excellent Mental Health Care is Delivered in Missouri and Research is Accelerated • Goal 6 – Missouri Communities are Proficient in Meeting Local Mental Health Needs <p>Plans in moving forward with the Initiative:</p> <ul style="list-style-type: none"> • Review and Approval by MO Human Services Cabinet Council • Review and Approval by SAMHSA • Implementation • Outcomes and Measures • Transformation Infrastructure-budget and roles • Several year one action items were identified for each of the goals. This includes a year one priority for Procovery to go statewide. <p>Kathy Carter commended Diane, Benton, MRDD staff and other Transformation staff in their work on this Plan.</p>
PUBLIC COMMENT	<p>Ron Dittmore asked for any Public Comments. Jhan Hurn, Executive Director for Community Support Services in Joplin, read a statement regarding case management in Joplin and the decision not to privatize Southeast MO at this time. He commended the work of Senate Bill 40 Boards.</p>
DIVISION UPDATES	<p>Mark Stringer presented an update on the Division of Alcohol and Drug Abuse:</p> <ul style="list-style-type: none"> • SAMHSA will give stipends this year to community coalitions to host town meetings on underage drinking. Approximately \$500 each will be given to about 35 coalitions in Missouri to host those meetings. • On December 1, 2007 the division amended all their ADA contracts to include services to people with co-occurring mental illness, including limited medication, physician time, and co-occurring counseling, to better address needs of consumers with co-occurring mental illness/substance abuse disorders. • There are priority populations that will be served through the Access to Recovery Grant. <p>Ron Dittmore commended Mark and staff for their aggressive pursuit of grants.</p> <p>Bernie Simons presented an update on the Division of Mental Retardation and Developmental Disabilities</p> <ul style="list-style-type: none"> • Senator Scott Rupp chaired the Blue Ribbon Panel on Autism. There will be a press conference on December 18 at 3:00 in the Senate Lounge to announce the findings of that Panel. • Case Management is a priority item. Bernie and Keith traveled to Poplar Bluff for a Town Hall Meeting on November 14 and met with legislators, family members, providers. Keith subsequently sent a letter to legislators stating that as vacancies occur in that area, funds would be used for match with SB 40 Boards. There are currently approximately 44 case manager vacancies throughout the state. Those are being reviewed to revise to reduce ratio of case managers to individuals in supports and services to a goal of 1 to 40. • Bernie introduced Vicki McCarell, Director of Cooper County SB 40 Board, who presented an overview of their case

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	<p>management services. They provide case management services to 136 clients. They do not have waiting list in their county, but have been able to use \$100,000 from their mill levy tax into personal assistance to access services. Last year they were able to buy over 1,000 hours of personal assistance with their \$15,000 overage. Their hours billed to Medicaid for case management was 120 hours per month. In response to David Vlach's question regarding the perception of less benefits for state employees going to the private sector, Vickie shared that those case managers coming from state employment to their employment have not experienced any problems.</p> <p>Dr. Joe Parks brought an update on the Division of Comprehensive Psychiatric Services:</p> <ul style="list-style-type: none"> • Two evidence-based practices were funded consistent with the Transformation recommendations. <ul style="list-style-type: none"> ○ ACT teams were awarded to Places for People, BJC, Jackson County, Burrell Behavioral Health in Springfield, and Family Guidance in St. Joseph. ○ The FQHC, CMHC partnership grants for co-locating and integrating mental health and primary care services were awarded. The seven full service grants provide \$200,000 of funding at each site. The service grants went to Burrell and Family Health Center in Columbia, Family Guidance and Northwest Health Center in St. Joseph, Crider Center in Wentzville, which is a FQHC and CMHC, to BJC and Grace Hill in central St. Louis, to Mark Twain and Northeast MO Health Council in northeast Missouri, to Ozark Center and Tri-County Healthcare Consortium in southwest Missouri, and to Family Counseling and both Poplar Bluff Highlands in southeast Missouri. They were able to award a \$30,000 one-time technical assistance grants to the other six applicants. • They are moving forward with Fidelity Reviews for the Integrated Dual Diagnosis Treatment. • Have opened Transitional Housing with Family Guidance with a 16-bed secure residential facility in the community. An individualized alternative housing is being developed in the Eastern Region. • A request for interest has been sent to local jails on handling MOSOTC detainees with expectation to hear in January. • Approval from MO HealthNet for CPRC enhanced billing units to add some services to the menu, including enhanced rate for Evidence-based PSR services for adults and children. • Discussions on privatization have been held with regional stakeholders. Have now had discussions with individual potential hospital provider partners in the four regions. There is increasing interest but no firm commitment yet. Kathy Carter questioned on interest all around the state to become privatization partners. There are at least hospitals interested in learning more. • All CPS inpatient facilities became tobacco free, effective November 15, 2007. <p>John Heskett presented an update on the Office of Comprehensive Child Mental Health:</p> <ul style="list-style-type: none"> • They have been working with MO HealthNet to secure Medicaid dollars to support school-based mental health. Burrell Behavioral Health was the successful applicant and will begin to draw Medicaid dollars in January. • Work continues with MO HealthNet on Medicaid participation on Family Support to assist in sustaining.

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	<ul style="list-style-type: none"> • The System of Care efforts continue under direction of the Comprehensive System Management Team. Quality Service Reviews have been completed in each System of Care site in the state.
<p>DIRECTOR'S REPORT</p>	<p>Keith Schafer presented the Director's Report:</p> <ul style="list-style-type: none"> • Rikki Wright has been appointment General Counsel for the DMH. • Keith gave a presentation for Governor Blunt using the document he shared with the Commissioners which outlined accomplishments and current key issues with DMH. • Bellefontaine conversion and RFP – there has been a 45 day delay, making the award date of mid-January. The providers will therefore begin providing services on about April 1, 2008. • CIMOR – the Commission had asked for external evaluation of CIMOR. That evaluation was done and reported that the CIMOR platform was the correct one and will be sufficient for the future. The DMH Executive Team is in process of finalizing plans for expectations of CIMOR. A system for interfacing medical records with CIMOR will be acquired at a later date. Ron thanked Gary Lyndaker, Rhonda Haake, and Mark Stringer for work with CIMOR. • Jan Heckemeyer provided an update on the Missouri Mental Health Foundation. A memorandum of understanding has been sent to the Missouri Special Needs Trust that outlines fiduciary responsibilities and authorizes payments from funds from the Foundation. • Keith noted the “DMH Performance Measures” document related to core performance indicators that will be tracked at the department wide level in the future. The plan is to report to the Commission on a quarterly basis. After review and discussion, it was the consensus of the Commission that these indicators are a good start, with the following revisions: <ul style="list-style-type: none"> ○ Add “number of days facility over census” to the CPS State Operated Facility Measures ○ Add a measure for “vacancy rate” to CPS Measures. ○ Add “unsuccessful discharge” to both community and facility measures. ○ Add “overtime” to CPS measures. ○ Add “medication errors” to measures. ○ Add “number placed in community and returned to Habilitation Center in past 12 months” to MRDD measures. ○ Add “employee vacancies and overtime” on MRDD measures. ○ Include actual numbers of consumers along with ratios in these measures. ○ Try to measure number of people who have attempted to get services. <p>This will be a time-consuming process but Commissioners agreed it is worth the time spent. The revisions will be made and Commissioners should see the next draft for review in April.</p> • The Governor is currently making final decisions on items to include in his budget recommendations. The Governor's state of the state address is scheduled for January 15th at 7:00 p.m., after which he will announce his recommendations.

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	<ul style="list-style-type: none">• Keith stated that the DMH Central Office Campus will become tobacco-free on January 1, 2008.• The Commissioners agreed that the video conference format used today is a viable option for Commission meetings.
FUTURE MEETINGS	The next Mental Health Commission Meeting is scheduled for January 10, 2007 at 9:30 a.m. in Jefferson City.
ADJOURN	<p>The Mental Health Commission adjourned at 2:45 p.m.</p> <hr/> <p>Ron Dittemore, Chair</p>